

# LIGHTWORKS

## A “*Lighter*” Version of The Spiritual Exercises of St. Ignatius of Loyola

Wednesdays, Oct. 3—Nov. 7, 7:00 PM  
Faber Center at St. Ignatius of Loyola Church

Facilitated by Spiritual Directors  
Kelly Chen and Ann Mechler



Have you ever wondered what the Spiritual Exercises of St. Ignatius are all about?  
Do you sense God calling you to a closer relationship with Him?  
Are you able to devote 20-30 minutes each day to prayer with Scripture?  
Are you willing to share about your prayer in a small group once a week?  
*If you answered YES to the questions above, then this retreat may be for you!*

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LightWorks is a retreat you can make in the midst of your daily life. It is a simplified and shortened version of the Spiritual Exercises of St. Ignatius that will enkindle your faith and help you grow in the love of God and neighbor. You will learn to meditate on Scripture in the Ignatian way and experience a meaningful sample of the Spiritual Exercises of St. Ignatius.

This retreat will be offered in 3 courses between mid-Oct and April. (We will not meet during the Thanksgiving and Christmas holidays). Participants are asked to commit to:

- ◇ Attend each of the group meetings
- ◇ Pray every day using the assigned Scripture readings and meditations for 20 to 30 minutes
- ◇ Journal about your prayer daily
- ◇ Share those experiences weekly in a group setting.

**Please register to secure your place. The fee for LightWorks I is \$20. To register for Session I, or for more information, please contact Ann Mechler, 281-513-8892.**

### 2018-2019 Retreat Schedule

(You may participate in any or all of the sessions)

LightWorks I: 5 weeks, starting Oct. 3, 2018

LightWorks II: 7 weeks, tba in early 2019

LightWorks III: 4 weeks, tba in 2019